

Community NeuroRehab

Administrative Offices

3737 Woodland Avenue, Suite #510
West Des Moines, IA 50266



community neurorehab

building
a new
future



Iowa
Coralville/Iowa City
Des Moines/West Des Moines

Oklahoma
Tulsa



For complete information regarding our admission requirements,
please visit us online at www.communityneurorehab.com
or call 515-288-8222 (Iowa) / 918-438-4257 (Oklahoma).

Community NeuroRehab offers hope to people recovering from brain injuries, and provides support to their families and friends. We understand the changing needs of individuals at different stages in their recoveries, and our team has created a unique program designed specifically for individuals experiencing a variety of difficulties resulting from brain injuries. Offering an individualized and intensive person-centered approach to brain injury rehabilitation, we assist participants in achieving and sustaining their maximum levels of independence, returning to lives of personal meaning where they live, learn, work and recreate in their chosen communities.



At Community NeuroRehab, we offer both **residential and intermittent community-based neurobehavioral rehabilitation services** designed to achieve participant goals by addressing specific cognitive, physical, behavioral and psychosocial needs. Our program is designed to assist participants in achieving their maximum potentials, regaining lives of independence, dignity, and self-respect.

Community-based neurobehavioral rehabilitation services supports participants as they become more independent with activities of daily living and as they achieve greater freedom and independence. Recovery is maximized by providing individualized treatment designed to achieve participant goals. Treatment components may include:

- Evaluation of and assistance with cognitive, behavioral, physical, psychosocial and environmental concerns
- A highly structured, supportive and professionally developed program
- Supervision and assistance with daily activities and social re-entry
- Prescriptive programming to maintain and advance gains made in rehabilitation
- Structured leisure time activities
- Internal case management
- Behavioral programming
- Cognitive rehabilitation
- Progressive physical strengthening, fitness and retraining
- Vocational and educational support
- Family counseling and training
- Medical and medication management
- Dietary and nutritional support
- Health and wellness management
- Assistance with development of self-advocacy skills
- Behavioral programming
- Assistance and education to family, providers and other members of participants' support systems
- Sobriety support development
- Education on brain injury and related issues
- Discharge planning and transition support

Community NeuroRehab assists in coordination of medical and rehabilitation consultation, including but not limited to:

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|--------------------------|------------------------|------------------|
| - Neurology | - Psychiatry | - Psychiatry |
| - Occupational Therapy | - Physical Therapy | - Speech Therapy |
| - Mental Health Services | - Dietary Consultation | - Dentistry |
| - Neuropsychology | - Substance Abuse | |