

THE SUPPORT RESOURCES YOU NEED



SWIA MHDS provides residents of Southwest Iowa the resources needed to help manage mental health disabilities and intellectual/developmental disabilities.



Help is nearby and available when you need it with multiple points of access to care that support mental health and disability needs, including multi-occurring substance use, brain injury or other complex service needs.

At SWIA MHDS, our vision is to mindfully, creatively and responsibly serve the residents of our region. Through our services, we strive to offer solutions to residents' unique challenges - with respect and dignity for all people at the center of our approach.

Central Office (712) 328-5645

- ● ●
- Cass County
- Fremont County
- Harrison County
- Mills County
- Monona County
- Montgomery County
- Page County
- Pottawattamie County
- Shelby County

www.swiamhds.com

GENERAL ELIGIBILITY

- Reside in the Southwest Iowa Region
- Meet financial and resource guidelines
- Adult with a mental health diagnosis or a diagnosis of an intellectual or developmental disability
- Child diagnosed with a Serious Emotional Disturbance (SED)

Services/Resources Available in the Region

- Intake, resource and referral
- Service coordination
- Outpatient or inpatient mental health care
- Justice involved services
- SSI/SSDI outreach, access and recovery (SOAR)
- Mental health first aid classes
- Community education programs
- Crisis services
- Additional services listed in the SWIA MHDS Region management plan



www.MentalHealthFirstAid.org

CRISIS STABILIZATION SERVICES



CRISIS CALL LINE

24-hr CRISIS LINE
84-HOPE-4-IOWA
(844) 673-4469



Heartland Family Service
Mental Health Crisis Response Team (MHCRT)

MHCRT therapists are contacted by law enforcement to assist individuals in crisis.

MHCRT is available 24/7 - 365 days a year.



Crisis Stabilization
Residential Services

712-303-7066

Turning Pointe provides a short term (up to 5 days), safe, caring home in the community for those experiencing a mental health crisis.


ACCESS POINTS


PROVIDER	ADDRESS	PHONE NUMBER
CHI Health Missouri Valley Psychiatric Associates	704 N 8th St, Missouri Valley, IA 51555	712-642-2045
CHI Health - Mercy Hospital	800 Mercy Dr, Council Bluffs, IA 51503	712-328-5000
CHI Health Psychiatric Associates	801 Harmony St, Suite 302, Council Bluffs, IA 51503	712-328-2609
Burgess Mental Health	1600 Diamond St, Onawa, IA 51040	712-423-9160
Cass County Memorial Hospital	1501 E 10th St, Atlantic, IA 50022	712-243-3250
Heartland Family Service	515 E Broadway, Council Bluffs, IA 51503	712-322-1407
Jennie Edmundson Hospital	933 E Pierce St, Council Bluffs, IA 51503	712-396-6000
Southwest Iowa Mental Health Center	2307 S Olive St, Atlantic, IA 50022	712-243-2606
Myrtue Medical Center - Behavioral Services	1303 Garfield Ave, Harlan, IA 51537	712-755-5056
Waubonsie Mental Health Center	216 W Division, Clarinda IA 51632	712-542-2388


INTEGRATED HEALTH HOME

	AGENCY	PHONE NUMBER
A coordination model (not a home) that facilitates access to an interdisciplinary array of medical and behavioral health care, community-based services and supports for Medicaid eligible individuals.	Children's Square USA	712-256-7075
	Heartland Family Service	712-256-4556
	Plains Area Mental Health Center	712-225-1490
	Southwest Iowa Mental Health Center	712-243-2606
	Waubonsie Mental Health Center	712-542-2388

CONNECT WITH US

 www.swiamhds.com
Our region website includes such things as resource information, trainings, meeting agendas and minutes, contact information, and application information.

 **Southwest Iowa MHDS Region**
Like us on Facebook to stay updated on region announcements and upcoming events.

 **515 5th Ave, #113**
Council Bluffs, IA 51503
Central Office
Hours: M-F, 8 am - 4:30 pm (closed from 12 pm - 1 pm)
Closed all major holidays.

 **712-328-5812**
Call this number for resource and referral information.

REGIONAL OFFICES

(Central Office)
515 5th Ave, #113
Council Bluffs, IA 51503 712-328-5645

719 Market St
Harlan, IA 51537 712-755-2843

105 Coolbaugh St
PO Box 469
Red Oak, IA 51566 712-623-6541

For additional resources in Southwest Iowa, go to www.swiamhds.com and click on the "Resource Connection" tab.