

SOUTHWEST IOWA MHDS REGION

MENTAL HEALTH AND DISABILITY SERVICES MANAGEMENT PLAN

FY21 ANNUAL SERVICE & BUDGET PLAN JULY 1, 2020 – JUNE 30, 2021

SUBMITTED **03/26/2020**

GEOGRAPHIC AREA:

Cass, Fremont, Harrison, Mills, Monona, Montgomery, Page, Pottawattamie, Shelby

APPROVED BY GOVERNING BOARD: 03/23/2020

Table of Contents

Int	roduction	2
	Local Access Points	
	Service Coordination and Targeted Case Management	
	Crisis Planning	
	Intensive Mental Health Services	
	Scope of Services & Budget and Financing Provisions	
	Table A. Expenditures	6
	Table A. Expenditures Table B. Revenues	10
	Table E. County Levies	11
G.	Financial Forecasting Measures	. 11
Н.	Provider Reimbursement Provisions	. 12

Introduction

Southwest Iowa MHDS Region (SWIA MHDS) was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. The annual service and budget plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2021 Annual Service and Budget Plan covers the period of July 1, 2020 to June 30, 2021. The Annual Service and Budget Plan includes local access points, service coordination/case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

The Annual Service and Budget Plan, approved by the SWIA MHDS Governing Board, is subject to approval by the Director of Human Services. The Southwest Iowa MHDS Region management plan is available in each local SWIA MHDS office, on the region's website at www.swiamhds.com and on the Iowa Department of Human Services website at http://dhs.iowa.gov/mhds. A list of Governing Board and Advisory Committee members can be found on the region's website.

A. Local Access Points

An access point is a part of the SWIA MHDS service system trained to complete MHDS regional applications for persons with a disability.

SWIA MHDS has designated the following access points for mental health and disability services.

Access Point	Address	Phone number
Burgess Mental Health	1600 Diamond Street	712-423-9160
	Onawa, IA 51040	
CHI Health Missouri Valley Psychiatric Associates	704 North 8th Street	712-642-2045
	Missouri Valley, IA 51555	
CHI Health Mercy Hospital	800 Mercy Drive	712-382-5000
	Council Bluffs, IA 51503	
CHI Health Psychiatric Associates	801 Harmony Street, Suite 302	712-328-2609
	Council Bluffs, IA 51503	
Cass County Health Systems	1501 E. 10 th St.	712-243-3250
	Atlantic, IA 50022	
Heartland Family Service	515 East Broadway	712-322-1407
	Council Bluffs, IA 51503	
Methodist Jennie Edmundson Hospital	933 East Pierce Street	712-396-6000
	Council Bluffs, IA 51501	
Southwest Iowa Mental Health Center	2307 Olive Street	712-243-2606
	Atlantic, IA 50022	
Myrtue Medical Center-Behavioral Services	1303 Garfield Ave	712-755-5056
	Harlan, IA 51537	
Waubonsie Mental Health Center	216 W. Division	712-542-2388
	Clarinda, IA 51632	

SWIA MHDS has designated the following access points for children's behavioral health services.

Access Point	Address	Phone number
Burgess Mental Health	1600 Diamond Street	712-423-9160
	Onawa, IA 51040	
CHI Health Missouri Valley Psychiatric Associates	704 North 8th Street	712-642-2045
	Missouri Valley, IA 51555	
CHI Health Mercy Hospital	800 Mercy Drive	712-382-5000
	Council Bluffs, IA 51503	
CHI Health Psychiatric Associates	801 Harmony Street, Suite 302	712-328-2609
	Council Bluffs, IA 51503	
Cass County Health Systems	1501 E. 10 th St.	712-243-3250
	Atlantic, IA 50022	
Heartland Family Service	515 East Broadway	712-322-1407
	Council Bluffs, IA 51503	
Methodist Jennie Edmundson Hospital	933 East Pierce Street	712-396-6000
	Council Bluffs, IA 51501	
Southwest Iowa Mental Health Center	2307 Olive Street	712-243-2606
	Atlantic, IA 50022	
Myrtue Medical Center-Behavioral Services	1303 Garfield Ave	712-755-5056
	Harlan, IA 51537	
Waubonsie Mental Health Center	216 W. Division	712-542-2388
	Clarinda, IA 51632	

B. Service Coordination and Targeted Case Management

The following agencies provide service coordination and/or targeted case management for Southwest Iowa MHDS Region.

Service Coordination Provider	Adult/Child/Both	Location	Contact Information
Children's Square USA (IHH)	Child	300 W Broadway #15, Council	712-256-8888
	(Harrison, Mills, Pottawattamie)	Bluffs, Iowa 51503	
Heartland Family Services (IHH)	Adult	1515 Ave J, Council Bluffs, Iowa	712-256-4556
Treattiand Family Services (ITIT)	(Harrison, Mills,	51501	712-230-4330
	Pottawattamie)	31301	
Plains Area Mental Health Center	Both (Monona)	900 N 2 nd Suite A, Cherokee,	712-225-1490 x2304
(IHH)		lowa 51012	
Southwest Iowa Mental Health	Both (Cass, Shelby)	2307 Olive Street	712-243-2606
Center (IHH)		Atlantic, IA 50022	
Waubonsie Mental Health Center	Both	216 W. Division	712-542-2388
(IHH)	(Fremont, Montgomery, Page)	Clarinda, IA 51632	
Amerigroup Iowa, Inc. (MCO)	Both		Email: MPSWeb@amerigroup.com
			Phone: 1-800-600-4441
			Website:
			https://www.myamerigroup.com/IA
Iowa Total Care (MCO)	Both		Phone: 1-833-404-1061
			Website:
			https://www.iowatotalcare.com
Southwest Iowa MHDS Region	Both	515 5 th Ave, Council Bluffs, Iowa	Phone: 712-328-5645
		51503	Website: www.swiamhds.com

C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response and resolution.

24 Hour Crisis Response

Provider	Location	Contact Information
Burgess Mental Health	1600 Diamond Street	712-423-9160
	Onawa, IA 51040	
CHI Health Missouri Valley Psychiatric	704 North 8th Street	712-642-2045
Associates	Missouri Valley, IA 51555	
CHI Health Psychiatric Associates	801 Harmony Street, Suite 302	712-328-2609
	Council Bluffs, IA 51503	
Southwest Iowa Mental Health Center 2307 Olive Street		712-243-2606
	Atlantic, IA 50022	
Myrtue Medical Center-Behavioral	1303 Garfield Ave	712-755-5056
Services	Harlan, IA 51537	
Waubonsie Mental Health Center 216 W. Division		712-542-2388
	Clarinda, IA 51632	

24 Hour Crisis Hotline

Provider	Location	Contact Information
Hope4Iowa Crisis Call Line		84-HOPE-4-IOWA
		844-673-4469
		Email: hope4iowa@boystown.org
Your life Iowa		Online: https://yourlifeiowa.org/

Crisis Evaluation

Provider	Adult/Child/Both	Location	Contact Information
CHI Mercy Hospital	both	800 Mercy Drive	712-328-5230
		Council Bluffs, IA 51501	
Methodist Jennie Edmundson Hospital	both	933 E. Pierce St.	712-396-6044
		Council Bluffs, IA 51503	
Cass County Health Systems	both	1501 E. 10 th St.	712-243-3250
		Atlantic, IA 50022	
Myrtue Medical Center	both	1213 Garfield Ave.	712-755-5161
		Harlan, IA 51537	
Clarinda Regional Health Center	both	220 Essie Davison Dr.	712-542-8330
		Clarinda, IA 51632	
CHI Health Community Memorial Hospital	both	631 N. 8 th St.	712-642-2784
		Missouri Valley, IA 51555	
Montgomery County Memorial Hospital	both	2301 Eastern Ave.	712-623-7226
		Red Oak, IA 51566	
Shenandoah Medical Center	both	300 Pershing Ave.	712-246-7400
		Shenandoah, IA 51601	
George C. Grape Community Hospital	both	2959 US Hwy 275	712-382-1515
		Hamburg, IA 51640	
Burgess Memorial Hospital	both	1600 Diamond St.	712-423-2311
		Onawa, IA 51040	

Mobile Response

Provider Location		Contact Information
Heartland Family Service	1515 Ave. J, Council Bluffs, IA	Law enforcement activated

Crisis Stabilization Community-based Services

Provider	Adult/Child	Location	Contact Information
Not yet established			

Crisis Stabilization Residential Services

Provider	Adult/Child	Location	Contact Information
Turning Pointe, Waubonsie Mental Health Center	Adult	216 W. Division	712-542-2388
		Clarinda, IA 51632	

23-Hour Observation

Provider	Location	Contact Information
Not yet established		

If a resident of the SWIA MHDS Region utilizes crisis services while in another region, the SWIA MHDS Region will honor the other region's contract with the crisis service provider and pay accordingly.

D. Intensive Mental Health Services

The region has not yet designated its **Access Center** that meets the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations. SWIA MHDS has been actively planning for this service to be operational by July 1, 2021.

The region has designated the following **Assertive Community Treatment (ACT)** team which has been designated and meets the requirements in IAC 441—25.6(2).

Provider Location		Contact Information
Heartland Family Service	1515 Ave. J, Council Bluffs, IA	712-435-5350

The region has not yet designated a **Subacute** service provider. This service is required by July 1, 2021. Once established it will meet the criteria and be licensed by the Department of Inspections and Appeals.

The region has not yet designated any **Intensive Residential Service** providers. This service is required by July 1, 2021. Once established it will be designated and meet the requirements in IAC 441—25.6(8).

E. Scope of Services & Budget and Financing Provisions

The table below identifies the scope of services offered by SWIA MHDS. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements according to the region's policy and procedure manual, funding will be made available. Core services for children's behavioral health are identified by (**) after the service name. Eligibility guidelines for children's behavioral health services are located in the region's policy and procedure manual. The Policy and procedure manual can be found online at www.swiamhds.com.

The region will utilize braided funding that includes county, regional, state and other funding sources as necessary and available to meet the service needs within the region.

Table A. Expenditures

FY 2021 Budget	Southwest Iowa MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
Core Domains			_				
COA	Treatment						
42305	Mental health outpatient therapy **	78,000	200	-	-		78,200
42306	Medication prescribing & management **	-	-	-	-		-
43301	Assessment, evaluation, and early identification **	-	-	-	-		-
71319	Mental health inpatient therapy-MHI	100,000	-	-	-		100,000
73319	Mental health inpatient therapy **	30,000	-	-	-		30,000
	Crisis Services						
32322	Personal emergency response system	-	-	-	-		-
44301	Crisis evaluation	50,000	-	-	-		50,000
44302	23 hour crisis observation & holding	-	-	-	-		-
44305	24 hour access to crisis response	64,000	-	-	-		64,000
44307	Mobile response **	350,000	-	-	-		350,000
44312	Crisis Stabilization community-based services **	50,000	-	-	-		50,000
44313	Crisis Stabilization residential services **	700,000	-	-	-		700,000
44396	Access Centers: start-up / sustainability	250,000	-	-	-		250,000
	Support for Community Living						
32320	Home health aide	10,000	-	-	-		10,000
32325	Respite	-	500	500	-		1,000
32328	Home & vehicle modifications	-	-	-	-		-
32329	Supported community living	70,000	20,000	25,000	-		115,000
42329	Intensive residential services	50,000	-	-	-		50,000
	Support for Employment						
50362	Prevocational services	30,000	160,000	1,000			191,000
50364	Job development	-	-	-	-		-
50367	Day habilitation	2,000	10,000	5,000	-		17,000
50368	Supported employment	125,000	180,000	5,000	-		310,000
50369	Group Supported employment-enclave	1,000	4,000	-	-		5,000
	Recovery Services						
45323	Family support	-	-	-	-		-

45366	Peer support Service Coordination	-	-	-	-	-
21375	Case management	-	-	-	-	-
24376	Health homes	-	-	-	-	-
	Sub-Acute Services					
63309	Subacute services-1-5 beds	100,000	-	-	-	100,000
64309	Subacute services-6 and over beds	5,000	-	-	-	5,000
	Core Evidenced Based Treatment					
04422	Education & Training Services - provider competency	175,000	-	-	-	175,000
32396	Supported housing	-	-	-	-	-
42398	Assertive community treatment (ACT)	300,000	-	-	-	300,000
45373	Family psychoeducation	15,000	-	-	-	15,000
	Core Domains Total	2,555,000	374,700	36,500	-	2,966,200
Mandated Serv	ices					
46319	Oakdale	80,000	2,000	_	_	82,000
		80,000	2,000			82,000
72319	State resource centers	-	-	-	-	-
74XXX	Commitment related (except 301)	80,000	-	-	-	80,000
75XXX	Mental health advocate	152,446	-	-	-	152,446
	Mandated Services Total	152,446 312,446	2,000	-	-	152,446 314,446
75XXX Additional Core	Mandated Services Total			-	-	
	Mandated Services Total			-	-	
	Mandated Services Total Domains				-	
Additional Core	Mandated Services Total Domains Justice system-involved services Coordination services	312,446		-	-	314,446
Additional Core	Mandated Services Total Domains Justice system-involved services Coordination services	312,446		-	-	314,446
Additional Core	Mandated Services Total Domains Justice system-involved services Coordination services 24 hour crisis line*	312,446 314,778 200,000		-	-	314,446
25xxx 44346 44366	Mandated Services Total Domains Justice system-involved services Coordination services 24 hour crisis line* Warm line* Mental health services in jails	312,446 314,778 200,000	2,000 - -		-	314,446 314,778 200,000
25xxx 44346 44366 46305 46399	Mandated Services Total Domains Justice system-involved services Coordination services 24 hour crisis line* Warm line* Mental health services in jails Justice system-involved services-other	312,446 314,778 200,000 - 20,000	2,000 - - -		-	314,446 314,778 200,000 - 20,000
25xxx 44346 44366 46305 46399	Mandated Services Total Domains Justice system-involved services Coordination services 24 hour crisis line* Warm line* Mental health services in jails Justice system-involved services-other Crisis prevention training	312,446 314,778 200,000 - 20,000	2,000 - - - -			314,446 314,778 200,000 - 20,000
25xxx 44346 44366 46305 46399 46422	Domains Justice system-involved services Coordination services 24 hour crisis line* Warm line* Mental health services in jails Justice system-involved services-other Crisis prevention training Mental health court related costs	312,446 314,778 200,000 - 20,000 - 95,000	2,000 - - -			314,446 314,778 200,000 - 20,000 - 95,000
25xxx 44346 44366 46305 46399	Domains Justice system-involved services Coordination services 24 hour crisis line* Warm line* Mental health services in jails Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation	312,446 314,778 200,000 - 20,000	2,000 - - - -			314,446 314,778 200,000 - 20,000
25xxx 44346 44366 46305 46399 46422 46425 74301	Domains Justice system-involved services Coordination services 24 hour crisis line* Warm line* Mental health services in jails Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment	312,446 314,778 200,000 - 20,000 - - 95,000 20,000	2,000			314,446 314,778 200,000 - 20,000 - - 95,000 20,000
25xxx 44346 44366 46305 46399 46422 46425 74301	Domains Justice system-involved services Coordination services 24 hour crisis line* Warm line* Mental health services in jails Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment Peer self-help drop-in centers	312,446 314,778 200,000 - 20,000 - 95,000 20,000	2,000 - - - -			314,446 314,778 200,000 - 20,000 - - 95,000 20,000
25xxx 44346 44366 46305 46399 46422 46425 74301	Domains Justice system-involved services Coordination services 24 hour crisis line* Warm line* Mental health services in jails Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment	312,446 314,778 200,000 - 20,000 - - 95,000 20,000	2,000			314,446 314,778 200,000 - 20,000 - - 95,000 20,000
25xxx 44346 44366 46305 46399 46422 46425 74301 42366 42397	Domains Justice system-involved services Coordination services 24 hour crisis line* Warm line* Mental health services in jails Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment Peer self-help drop-in centers Psychiatric rehabilitation (IPR)	312,446 314,778 200,000 - 20,000 - 95,000 20,000	2,000			314,446 314,778 200,000 - 20,000 - - 95,000 20,000
25xxx 44346 44366 46305 46399 46422 46425 74301	Domains Justice system-involved services Coordination services 24 hour crisis line* Warm line* Mental health services in jails Justice system-involved services-other Crisis prevention training Mental health court related costs Civil commitment prescreening evaluation Additional Core Evidenced based treatment Peer self-help drop-in centers Psychiatric rehabilitation (IPR)	312,446 314,778 200,000 - 20,000 - 95,000 20,000 80,000 3,000	2,000			314,446 314,778 200,000 - 20,000 - - 95,000 20,000 80,000 3,000

04272	Planning, consultation &/or early intervention (client related) **	1,000		_	_	1 000
04372	·		-	-	-	1,000
04377	Provider Incentive Payment	-				-
04399	Consultation Other Planning and Management Consultants (non-client	-	-	-	-	-
04429	related)	5,000	-	-	-	5,000
05373	Public education, prevention and education **	10,000	-	-	-	10,000
Community Livi	Other Informational Services Total	16,000	-	-	-	16,000
Community Eivi	iii Supports					
06399	Academic services	-	-	-	-	-
22XXX	Services management	832,560	-	-	-	832,560
23376	Crisis care coordination		-	-	-	-
23399	Crisis care coordination other	-	-	-	-	-
24399	Health home other	-	-	-	-	-
31XXX	Transportation	85,000	10,000	2,000	-	97,000
32321	Chore services	-	-	-	-	-
32326	Guardian/conservator	-	3,000	-	-	3,000
32327	Representative payee	-	1,000	-	-	1,000
32335	CDAC	-	-	-	_	-
32399	Other support	-	-	_	_	-
33330	Mobile meals	-	_	_	_	_
33340	Rent payments (time limited)	45,000	2,000	_	_	47,000
33345	Ongoing rent subsidy		-	_	_	-
33399	Other basic needs	2 000	-	-	-	2 000
41305	Physiological outpatient treatment	3,000	-	-	-	3,000
41306	Prescription meds	5,000	-	-	-	5,000
41307	In-home nursing	-	-	-	-	-
41308	Health supplies	-	-	-	-	-
41399	Other physiological treatment	-	-	-	-	-
42309	Partial hospitalization	-	-	-	-	-
42310	Transitional living program	750,000	-	-	-	750,000
42363	Day treatment	-	-	-	-	-
42396	Community support programs	-	-	-	-	-
42399	Other psychotherapeutic treatment	3,000	-	-	-	3,000
43399	Other non-crisis evaluation	-	-	-	-	-
44304	Emergency care	-	-	-	-	-

44399	Other crisis services	-	-	-	-		-		
45399	Other family & peer support	-	-	-	-		-		
46306	Psychiatric medications in jail	-	-	-	-		-		
50361	Vocational skills training	-	-	-	-		-		
50365	Supported education	-	-	-	-		-		
50399	Other vocational & day services	-	-	-	-		-		
63XXX	RCF 1-5 beds (63314, 63315 & 63316)	-	-	-	-		-		
63XXX	ICF 1-5 beds (63317 & 63318)	-	-	-	-		-		
63329	SCL 1-5 beds	90,000	40,000	-	-		130,000		
63399	Other 1-5 beds	-	-	-	-		-		
	Community Living Supports Total	1,813,560	56,000	2,000	-		1,871,560		
Other Congrega									
50360	Work services (work activity/sheltered work)	2,000	2,000	-	-		4,000		
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	1,500,000	50,000	50,000			1,600,000		
64XXX	ICF 6 and over beds (64317 & 64318)	200,000	-	-	-		200,000		
64329	SCL 6 and over beds	-	-	-	-		-		
64399	Other 6 and over beds		-	-	-		-		
Administration	Other Congregate Services Total	1,702,000	52,000	50,000	-		1,804,000		
						667.704	667.704		
11XXX	Direct Administration					667,704	667,704		
12XXX	Purchased Administration					170,000	170,000		
	Administration Total					837,704	837,704		
	Regional Totals	7,131,784	484,700	88,500		837,704	8,542,688		
	regional rotals	7,131,704	404,700	00,300		037,704	0,342,000		
(45XX-XXX)Cou	(45XX-XXX)County Provided Case Management								
(46XX-XXX)County Provided Services									
		I	1	I	<u> </u>	<u>I</u>	<u> </u>		
	Regional Grand Total						8.542.688		
	Regional Grand Total						8,542,688		
13951	Regional Grand Total Distribution to MHDS regional fiscal agent from membe	r county					8,542,688		

Table B. Revenues

Y 2021 Budget	SWIA MHDS Region				
evenues					
	Projected Fund Balance as of 6/30/20			\$	9,361,19
	Local/Regional Funds			\$	4,788,050
10XX	Property Tax Levied		4,404,050		
12XX	Other County Taxes		4,000		
16XX	Utility Tax Replacement Excise Taxes		170,000		
25XX	Other Governmental Revenues			-	
4XXX-5XXX	Charges for Services		-	-	
5310	Client Fees		-	-	
60XX	Interest		110,000		
6XXX	Use of Money & Property		-	-	
8XXX	Miscellaneous		100,000		
9040	Other Budgetary Funds (Polk Only)		-	-	
	State Funds			\$	142,000.0
21XX	State Tax Credits		140,000		
22XX	Other State Replacement Credits		2,000		
2250	MHDS Equalization			-	
24XX	State/Federal pass thru Revenue			-	
2644	MHDS Allowed Growth / State Gen. Funds			-	
29XX	Payment in Lieu of taxes			-	
	Federal Funds			\$	
2344	Social services block grant			-	
2345	Medicaid		-	-	
	Other		-	-	
	Total Revenue	S		\$	4,930,05
	Total Funds Available for FY21	\$	14,291,246		
	FY21 Projected Regional Expenditures	\$	8,542,688		
		\$			

The deficit amount between expenditures and revenues is expended from the region fund balance. The region is projecting based on a 5-year budgeting plan to utilize the fund balance while gradually increasing the property tax per capita levy to a sustainable, fiscally responsible and steady amount.

County Property Taxes are pooled into a single region fund. Counties employing region personnel retain in their Mental Health fund enough money to cover payroll expenses including payroll of the mental health advocates.

Table E. County Levies

County	2018 Est. Pop.	Regional Per Capita	FY21 Max Levy	FY21 Actual Levy	Actual Levy Per Capita
Cass	12,930	45.51	588,444	323,250	25.00
Fremont	6,993	45.51	318,251	174,825	25.00
Harrison	14,134	45.51	643,238	353,350	25.00
Mills	15,063	45.51	685,517	376,575	25.00
Monona	8,679	45.51	394,981	216,975	25.00
Montgomery	10,003	45.51	455,237	250,075	25.00
Page	15,249	45.51	693,982	381,225	25.00
Pottawattamie	93,533	45.51	4,256,687	2,338,325	25.00
Shelby	11,578	45.51	526,915	289,450	25.00
Total SWIA MHDS	188,162	45.51	8,563,253	4,704,050	25.00

G. Financial Forecasting Measures

The following is a description of the financial forecasting measures used by SWIA MHDS Region in the identification of service need and funding necessary for services. Historical service utilization is the starting point for all financial projections. The SWIA MHDS has been operating under one single region budget since beginning operations July 1, 2014. There continue to be changes in the system leading to some unpredictability in forecasting. New people continue to access the lowa Health and Wellness Plan and a waiting list continues for HCBS ID Waiver. The lowa Medicaid system became managed by Managed Care Organizations (MCOs) beginning April 2016. This continues to bring additional changes to the system, especially as new MCOs have come to lowa after other MCOs leave. Lack of, or slow payments to providers has caused the region to pay higher costs than anticipated for some services. The region forecasts any new services it is creating based on cost estimates from other similar programs in the state. The new crisis and intensive services mandated by the legislature remain difficult to forecast since they include services never before offered.

The Governing Board recommended a county tax collection rate based on a per capita amount for FY21 which was constructed on a number of factors including 1) the need for predictable, stable tax levies in each county, 2) continued positive relationships between counties based on an equal dollar investment into the region system of fully pooled funds, 3) the need for utilizing fund balance for the creation and startup of new services, and 4) recognition of the legislature's desire to have lower fund balances. The Governing Board developed a 5-year plan to achieve these things

and will continue to assess each year because of the unpredictability in state and federal funding and programs. The SWIA MHDS has been working diligently to balance the need of decreasing the fund balance to 40% (according to the most recent law) by July 2022 while not affecting the tax rates in the counties so substantially to cause negative reactions of the public regarding mental health dollars. The goal has been a slow decrease of the fund balance each year so that the tax levy can slowly and steadily increase to its maximum rate as new, required services are developed.

Throughout the year, Southwest Iowa MHDS regional staff and stakeholders have identified unmet needs and areas for service development, incorporated into subsequent service and budget plans. SWIA MHDS gathers information through its Advisory Board at least twice a year in order to assess community priorities, begin planning for development of additional service needs and costs, and forming the ongoing advisory groups which will continually provide input on needs and service strategies for our communities. The region will use this information to effectively and responsibly plan for use of available financial resources.

Fiscal Year 2021 brings the start of the Children's Behavioral Health System. We know that approximately 3% of Iowa's children are uninsured, but we do not know what specifically that might mean for our region as we have planned for these new services. Expenditures include a projected need for funding, however, this forecasting is not based on any specific data as we have no historical data to compare since the only area we have served children has been through mobile crisis and outpatient mental health services. SWIA MHDS is predicting an additional need for children in the area of outpatient mental health including medication management and inpatient treatment. A larger financial need will occur as the crisis stabilization residential services begin to be developed and ultimately operationalized by July 2021.

H. Provider Reimbursement Provisions

The following is a description of the types of funding used by SWIA MHDS Region.

- Fee for service: SWIA MHDS will contract with MHDS providers whose base of operation is within the region. The region may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. All payments will be based on a pre-authorized request for service authorization with the exception of court ordered payments, such as civil commitment costs and crisis services.
- Block grant payments: The region may also utilize block grant payments when a service does not fit the
 traditional methods of payment based on a pre-approved individual service request. An example of this is
 Mobile Crisis Response services. Grant funding opportunities may also be offered by SWIA MHDS based on an
 assessed community need in order to engage providers in Evidence Based Practices.
- Use of nontraditional providers: When a non-traditional provider arrangement is more appropriate than a fee for service approach with a contracted provider, the Service Coordinator will work with the region's CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the consumer's home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses which do not provide MHDS services as a part of their normal business. These services are not to provide treatment but are supportive and may be rehabilitative in focus, and are initiated when there is a reasonable likelihood that such services will benefit the consumer's functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the consumer's stated

goals or outcomes. A request for funding can be made by any consumer, or the consumer's authorized representative, to utilize non-traditional providers for services as approved in the Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation or other state approval standards.

Incorporation of all funding sources for individuals including Medicaid: The Region is responsible for ensuring
that MHDS services are available to all residents of the region regardless of funding source. SWIA MHDS will
ensure that individuals apply for all funding sources prior to accessing regional funding, including private
insurance, Medicaid, Medicare and other funding mechanisms which ensure that individuals and their families
are able to optimally live, work, and recreate in integrated communities of their choice.