

A map of the Southwest Iowa region, showing county boundaries. The map is colored in shades of green, with the Southwest Iowa region highlighted in a darker green. The text "Southwest Iowa Region" is written in black, and "MHDS" is written in large, bold, green letters. Below that, "Mental Health & Disability Services" is written in black.

**Southwest Iowa Region**  
**MHDS**  
**Mental Health & Disability Services**

*SOUTHWEST IOWA MHDS REGION*  
*MENTAL HEALTH AND DISABILITY SERVICES MANAGEMENT PLAN*  
**FY22 ANNUAL SERVICE & BUDGET PLAN**  
**JULY 1, 2021 – JUNE 30, 2022**

**SUBMITTED**  
**04/01/2021**

**GEOGRAPHIC AREA:**

*Cass, Fremont, Harrison, Mills, Monona, Montgomery, Page, Pottawattamie, Shelby*

**APPROVED BY GOVERNING BOARD: 03/29/2021**

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## Introduction

Southwest Iowa MHDS Region (SWIA MHDS) was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. The annual service and budget plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2022 Annual Service and Budget Plan covers the period of July 1, 2021 to June 30, 2022. The Annual Service and Budget Plan includes local access points, service coordination/case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

The Annual Service and Budget Plan, approved by the SWIA MHDS Governing Board, is subject to approval by the Director of Human Services. The Southwest Iowa MHDS Region management plan is available in each local SWIA MHDS office, on the region's website at [www.swiamhds.com](http://www.swiamhds.com) and on the Iowa Department of Human Services website at <http://dhs.iowa.gov/mhds>. A list of Governing Board and Advisory Committee members can be found on the region's website.

### A. Local Access Points

An access point is a part of the SWIA MHDS service system trained to complete MHDS regional applications for persons with a disability.

SWIA MHDS has designated the following access points for **mental health and disability services**.

Access Point	Address	Phone number
Burgess Mental Health	1600 Diamond Street Onawa, IA 51040	712-423-9160
CHI Health Missouri Valley Psychiatric Associates	704 North 8th Street Missouri Valley, IA 51555	712-642-2045
CHI Health Mercy Hospital	800 Mercy Drive Council Bluffs, IA 51503	712-328-5000
CHI Health Psychiatric Associates	801 Harmony Street, Suite 302 Council Bluffs, IA 51503	712-328-2609
Cass County Health Systems	1501 E. 10 <sup>th</sup> St. Atlantic, IA 50022	712-243-3250
Heartland Family Service	515 East Broadway Council Bluffs, IA 51503	712-322-1407
Methodist Jennie Edmundson Hospital	933 East Pierce Street Council Bluffs, IA 51501	712-396-6000
Myrtue Medical Center-Behavioral Services	1303 Garfield Ave Harlan, IA 51537	712-755-5056
Waubonsie Mental Health Center	216 W. Division Clarinda, IA 51632	712-542-2388
Zion Integrated Behavioral Health Services	2307 Olive Street Atlantic, IA 50022	712-243-2606

SWIA MHDS has designated the following access points for **children's behavioral health services**.

Access Point	Address	Phone number
Burgess Mental Health	1600 Diamond Street Onawa, IA 51040	712-423-9160
CHI Health Missouri Valley Psychiatric Associates	704 North 8th Street Missouri Valley, IA 51555	712-642-2045
CHI Health Mercy Hospital	800 Mercy Drive Council Bluffs, IA 51503	712-328-5000
CHI Health Psychiatric Associates	801 Harmony Street, Suite 302 Council Bluffs, IA 51503	712-328-2609
Cass County Health Systems	1501 E. 10 <sup>th</sup> St. Atlantic, IA 50022	712-243-3250
Heartland Family Service	515 East Broadway Council Bluffs, IA 51503	712-322-1407
Methodist Jennie Edmundson Hospital	933 East Pierce Street Council Bluffs, IA 51501	712-396-6000
Myrtue Medical Center-Behavioral Services	1303 Garfield Ave Harlan, IA 51537	712-755-5056
Waubonsie Mental Health Center	216 W. Division Clarinda, IA 51632	712-542-2388
Zion Integrated Behavioral Health Services	2307 Olive Street Atlantic, IA 50022	712-243-2606

## **B. Service Coordination and Targeted Case Management**

The following agencies provide service coordination and/or targeted case management for Southwest Iowa MHDS Region.

Service Coordination Provider	Adult/Child/Both	Location	Contact Information
Children's Square USA (IHH)	Child (Harrison, Mills, Pottawattamie)	300 W Broadway #15, Council Bluffs, Iowa 51503	712-256-8888
Heartland Family Service (IHH)	Adult (Harrison, Mills, Pottawattamie)	1515 Ave J, Council Bluffs, Iowa 51501	712-256-4556
Plains Area Mental Health Center (IHH)	Both (Monona)	900 N 2 <sup>nd</sup> Suite A, Cherokee, Iowa 51012	712-225-1490 x2304
Zion Integrated Behavioral Health Services (IHH)	Both (Cass, Shelby)	2307 Olive Street Atlantic, IA 50022	712-243-2606
Waubonsie Mental Health Center (IHH)	Both (Fremont, Montgomery, Page)	216 W. Division Clarinda, IA 51632	712-542-2388
Amerigroup Iowa, Inc. (MCO)	Both		Email: MPSWeb@amerigroup.com Phone: 1-800-600-4441 Website: <a href="https://www.myamerigroup.com/IA">https://www.myamerigroup.com/IA</a>
Iowa Total Care (MCO)	Both		Phone: 1-833-404-1061 Website: <a href="https://www.iowatotalcare.com">https://www.iowatotalcare.com</a>
Southwest Iowa MHDS Region	Both	227 S. 6 <sup>th</sup> St., Council Bluffs, Iowa 51503	Phone: 712-328-5645 Website: <a href="http://www.swiamhds.com">www.swiamhds.com</a>

## C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response and resolution.

### 24 Hour Crisis Response

Provider	Location	Contact Information
Burgess Mental Health	1600 Diamond Street, Onawa, IA 51040	712-423-9160
CHI Health Missouri Valley Psychiatric Associates	704 North 8th Street, Missouri Valley, IA 51555	712-642-2045
CHI Health Psychiatric Associates	801 Harmony Street, Suite 302, Council Bluffs, IA 51503	712-328-2609
Zion Integrated Behavioral Health Services	2307 Olive Street, Atlantic, IA 50022	712-243-2606
Myrtue Medical Center-Behavioral Services	1303 Garfield Ave., Harlan, IA 51537	712-755-5056
Waubonsie Mental Health Center	216 W. Division, Clarinda, IA 51632	712-542-2388
Heartland Family Service	515 E. Broadway, Council Bluffs, IA 51503	712-322-1407

### 24 Hour Crisis Hotline

Provider	Location	Contact Information
Hope4Iowa Crisis Call Line		Call: 84-HOPE-4-IOWA (844-673-4469) Email: hope4iowa@boystown.org
Your life Iowa		Call: 855-581-8111 or text 855-895-8398 <a href="https://yourlifeiowa.org">https://yourlifeiowa.org</a>

### Crisis Evaluation

Provider	Adult/Child/Both	Location	Contact Information
Heartland Family Service	Both	1515 Ave. J, Council Bluffs, IA 51501	712-435-5350

### Mobile Response

Provider	Location	Contact Information
Heartland Family Service	1515 Ave. J, Council Bluffs, IA 51501	Law enforcement/Court/ Emergency Dept activated for assessment

### Crisis Stabilization Community-based Services

Provider	Adult/Child	Location	Contact Information
Will be selected by July 2021*			

\*As of the approval of this plan, a final decision on the provider(s) of this service has not been finalized. Crisis Access Network Planning team will be finalizing for a roll out of this service by July 1, 2021.

### Crisis Stabilization Residential Services

Provider	Adult/Child	Location	Contact Information
Zion Behavioral Health	Adult	216 E. Division, Clarinda, IA 51632	712-850-1389
Children's Square USA*	Child	North 6 <sup>th</sup> St & Ave. E., Council Bluffs, IA 51501	712-322-3700

\*will open during FY22.

## 23-Hour Observation

Provider	Location	Contact Information
Community Health Centers of Southern Iowa	219 W. Washington, Osceola, IA 50213	641-342-1742
Safe Harbor Crisis Center	706 Cedar Ave., Woodward, IA 50276	515-642-4125
Sioux Rivers Assessment & Crisis Stabilization Center	4038 Division St., Sioux City, IA 51104	712-560-7996
Broadlawns Medical Center	1801 Hickman Rd., Des Moines, IA 50314	515-282-5742

- If a resident of the SWIA MHDS Region utilizes crisis services located in another region, the SWIA MHDS Region will honor the other region's contract with the crisis service provider and pay according to our region MOU. The above providers address the access requirements for the SWIA MHDS Region.

## D. Intensive Mental Health Services

The region will be designating its **Access Center (Southwest Iowa Crisis Access Network)** that meets the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations. SWIA MHDS has been actively planning for this service to be operational by July 1, 2021.

Provider	Location	Contact Information
Heartland Family Service	1515 Ave. J, Council Bluffs, IA 51501	712-435-5350
Waubonsie Mental Health Center	216 W. Division, Clarinda, IA 51632	712-542-2388
Southwest Iowa MHDS Region	227 S. 6 <sup>th</sup> St., Council Bluffs, IA 51501	712-328-5645
Boys Town Hope4Iowa Crisis Call Line	13603 Flanagan Blvd, Boys Town, NE 68010	844-673-4469

The region has designated the following **Assertive Community Treatment (ACT)** team which has been designated and meets the requirements in IAC 441—25.6(2).

Provider	Location	Contact Information
Heartland Family Service	1515 Ave. J, Council Bluffs, IA 51501	712-435-5350

The region will be designating **Subacute** service providers by July 1, 2021 which will meet the criteria and are licensed by the Department of Inspections and Appeals. The SWIA MHDS Region will honor the region contracts where these providers are located and pay according to our region MOU. The following providers will most likely be the providers.

Provider	Location	Contact Information
Sioux Rivers Assessment & Crisis Stabilization Center	4038 Division St., Sioux City, IA 51104	712-560-7996
Community Health Centers of Southern Iowa	219 W. Washington, Osceola, IA 50213	641-342-1742

The region will be designating its **Intensive Residential Service** providers during FY22. Once established it will be designated and meet the requirements in IAC 441—25.6(8). SWIA MHDS has begun some initial planning for this service and once rates are established with the Managed Care Organizations in Iowa as well the Iowa Department of Human Services, planning and development will begin.

Provider	Location	Contact Information
To be determined		

## E. Scope of Services & Budget and Financing Provisions

The table below identifies the scope of services offered by SWIA MHDS. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements according to the region's policy and procedure manual, funding will be made available. Core services for children's behavioral health are identified by (\*\*) after the service name. Eligibility guidelines for children's behavioral health services are located in the region's policy and procedure manual. The manual can be found online at [www.swiamhds.com](http://www.swiamhds.com).

The region will utilize braided funding that includes county, regional, state and other funding sources as necessary and available to meet the service needs within the region.

**Table A. Expenditures**

FY 2022 Budget	Southwest Iowa MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
<b>Core Domains</b>							
<b>COA</b>	<b>Treatment</b>						
42305	Mental health outpatient therapy **	60,000	200	-	-		60,200
42306	Medication prescribing & management **	-	-	-	-		-
43301	Assessment, evaluation, and early identification **	-	-	-	-		-
71319	Mental health inpatient therapy-MHI	150,000	-	-	-		150,000
73319	Mental health inpatient therapy **	30,000	-	-	-		30,000
	<b>Crisis Services</b>						
32322	Personal emergency response system	-	-	-	-		-
44301	Crisis evaluation	10,000	-	-	-		10,000
44302	23 hour crisis observation & holding	-	-	-	-		-
44305	24 hour access to crisis response	64,000	-	-	-		64,000
44307	Mobile response **	250,000	-	-	-		250,000
44312	Crisis Stabilization community-based services **	25,000	-	-	-		25,000
44313	Crisis Stabilization residential services **	700,000	-	-	-		700,000
44396	Access Centers: start-up / sustainability	25,000	-	-	-		25,000
	<b>Support for Community Living</b>						
32320	Home health aide	10,000	-	-	-		10,000
32325	Respite	-	500	500	-		1,000
32328	Home & vehicle modifications	-	-	-	-		-
32329	Supported community living	90,000	15,000	25,000	-		130,000
42329	Intensive residential services	30,000	-	-	-		30,000
	<b>Support for Employment</b>						
50362	Prevocational services	25,000	160,000	1,000	-		186,000
50364	Job development	-	-	-	-		-
50367	Day habilitation	5,000	10,000	5,000	-		20,000
50368	Supported employment	125,000	150,000	5,000	-		280,000
50369	Group Supported employment-enclave	1,000	2,000	-	-		3,000
	<b>Recovery Services</b>						
45323	Family support	-	-	-	-		-

45366	Peer support	-	-	-	-		-
	<b>Service Coordination</b>						
21375	Case management	-	-	-	-		-
24376	Health homes	-	-	-	-		-
	<b>Sub-Acute Services</b>						
63309	Subacute services-1-5 beds	20,000	-	-	-		20,000
64309	Subacute services-6 and over beds	5,000	-	-	-		5,000
	<b>Core Evidenced Based Treatment</b>						
04422	Education & Training Services - provider competency	100,000	90,000	-	-		190,000
32396	Supported housing	-	-	-	-		-
42398	Assertive community treatment (ACT)	300,000	-	-	-		300,000
45373	Family psychoeducation	9,000	-	-	-		9,000
	<b>Core Domains Total</b>	<b>2,034,000</b>	<b>427,700</b>	<b>36,500</b>	<b>-</b>		<b>2,498,200</b>
	<b>Mandated Services</b>						
46319	Oakdale	40,000	2,000	-	-		42,000
72319	State resource centers	-	-	-	-		-
74XXX	Commitment related (except 301)	72,500	-	-	-		72,500
75XXX	Mental health advocate	161,476	-	-	-		161,476
	<b>Mandated Services Total</b>	<b>273,976</b>	<b>2,000</b>	<b>-</b>	<b>-</b>		<b>275,976</b>
	<b>Additional Core Domains</b>						
	<b>Justice system-involved services</b>						
25xxx	Coordination services	309,837	-	-	-		309,837
44346	24 hour crisis line*	180,000	-	-	-		180,000
44366	Warm line*	-	-	-	-		-
46305	Mental health services in jails	20,000	-	-	-		20,000
46399	Justice system-involved services-other	-	-	-	-		-
46422	Crisis prevention training	-	-	-	-		-
46425	Mental health court related costs	65,000	-	-	-		65,000
74301	Civil commitment prescreening evaluation	25,000	-	-	-		25,000
	<b>Additional Core Evidenced based treatment</b>						
42366	Peer self-help drop-in centers	80,000	-	-	-		80,000
42397	Psychiatric rehabilitation (IPR)	3,000	-	-	-		3,000
	<b>Additional Core Domains Total</b>	<b>682,837</b>	<b>-</b>	<b>-</b>	<b>-</b>		<b>682,837</b>
	<b>Other Informational Services</b>						
03371	Information & referral	-	-	-	-		-



04372	Planning, consultation &/or early intervention (client related) **	500	-	-	-		500
04377	Provider Incentive Payment	-					-
04399	Consultation Other	-	-	-	-		-
04429	Planning and Management Consultants (non-client related)	5,000	-	-	-		5,000
05373	Public education, prevention and education **	10,000	-	-	-		10,000
<b>Other Informational Services Total</b>		<b>15,500</b>	<b>-</b>	<b>-</b>	<b>-</b>		<b>15,500</b>
<b>Community Living Supports</b>							
06399	Academic services	-	-	-	-		-
22XXX	Services management	847,056	-	-	-		847,056
23376	Crisis care coordination	50,000	-	-	-		50,000
23399	Crisis care coordination other	-	-	-	-		-
24399	Health home other	-	-	-	-		-
31XXX	Transportation	65,200	10,000	2,000	-		77,200
32321	Chore services	-	-	-	-		-
32326	Guardian/conservator	-	3,000	-	-		3,000
32327	Representative payee	-	1,000	-	-		1,000
32335	CDAC	-	-	-	-		-
32399	Other support	-	-	-	-		-
33330	Mobile meals	-	-	-	-		-
33340	Rent payments (time limited)	35,000	2,000	-	-		37,000
33345	Ongoing rent subsidy	-	-	-	-		-
33399	Other basic needs	-	-	-	-		-
41305	Physiological outpatient treatment	2,500	-	-	-		2,500
41306	Prescription meds	5,000	200	-	-		5,200
41307	In-home nursing	-	-	-	-		-
41308	Health supplies	-	-	-	-		-
41399	Other physiological treatment	-	-	-	-		-
42309	Partial hospitalization	-	-	-	-		-
42310	Transitional living program	750,000	-	-	-		750,000
42363	Day treatment	-	-	-	-		-
42396	Community support programs	-	-	-	-		-
42399	Other psychotherapeutic treatment	-	-	-	-		-
43399	Other non-crisis evaluation	-	-	-	-		-
44304	Emergency care	-	-	-	-		-

44399	Other crisis services	-	-	-	-		-
45399	Other family & peer support	-	-	-	-		-
46306	Psychiatric medications in jail	-	-	-	-		-
50361	Vocational skills training	-	-	-	-		-
50365	Supported education	-	-	-	-		-
50399	Other vocational & day services	-	-	-	-		-
63XXX	RCF 1-5 beds (63314, 63315 & 63316)	-	-	-	-		-
63XXX	ICF 1-5 beds (63317 & 63318)	-	-	-	-		-
63329	SCL 1-5 beds	90,000	30,000	-	-		120,000
63399	Other 1-5 beds	-	-	-	-		-
<b>Community Living Supports Total</b>		<b>1,844,756</b>	<b>46,200</b>	<b>2,000</b>	<b>-</b>		<b>1,892,956</b>
<b>Other Congregate Services</b>							
50360	Work services (work activity/sheltered work)	2,000	-	-	-		2,000
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	1,500,000	50,000	50,000			1,600,000
64XXX	ICF 6 and over beds (64317 & 64318)	180,000	-	-	-		180,000
64329	SCL 6 and over beds	50,000	-	-	-		-
64399	Other 6 and over beds	-	-	-	-		-
<b>Other Congregate Services Total</b>		<b>1,732,000</b>	<b>50,000</b>	<b>50,000</b>	<b>-</b>		<b>1,832,000</b>
<b>Administration</b>							
11XXX	Direct Administration					672,099	672,099
12XXX	Purchased Administration					161,000	161,000
<b>Administration Total</b>						<b>833,099</b>	<b>833,099</b>
<b>Regional Totals</b>		<b>6,583,069</b>	<b>525,900</b>	<b>88,500</b>	<b>-</b>	<b>833,099</b>	<b>8,030,568</b>
<b>(45XX-XXX)County Provided Case Management</b>							
<b>(46XX-XXX)County Provided Services</b>							
<b>Regional Grand Total</b>							<b>8,030,568</b>
<b>13951 Distribution to MHDS regional fiscal agent from member county</b>							
							<b>0</b>
<b>14951 MHDS fiscal agent reimbursement to MHDS regional member county</b>							
							<b>0</b>

**Table B. Revenues**

FY 2022 Budget	SWIA MHDS Region		
<b>Revenues</b>			
	<b>Projected Fund Balance as of 6/30/21</b>		<b>\$ 8,642,888</b>
	<b>Local/Regional Funds</b>		<b>\$ 4,614,819</b>
10XX	Property Tax Levied	4,306,819	
12XX	Other County Taxes	8,000	
16XX	Utility Tax Replacement Excise Taxes	200,000	
25XX	Other Governmental Revenues	-	
4XXX-5XXX	Charges for Services	-	
5310	Client Fees	-	
60XX	Interest	80,000	
6XXX	Use of Money & Property	-	
8XXX	Miscellaneous	20,000	
9040	Other Budgetary Funds (Polk Only)	-	
	<b>State Funds</b>		<b>\$ 230,000</b>
21XX	State Tax Credits	180,000	
22XX	Other State Replacement Credits	50,000	
2250	MHDS Equalization	-	
24XX	State/Federal pass thru Revenue	-	
2644	MHDS Allowed Growth / State Gen. Funds	-	
29XX	Payment in Lieu of taxes	-	
	<b>Federal Funds</b>		<b>\$ -</b>
2344	Social services block grant	-	
2345	Medicaid	-	
	Other	-	
	<b>Total Revenues</b>		<b>\$ 4,844,819</b>
<b>Total Funds Available for FY22</b>		<b>\$ 13,487,707</b>	
<b>FY22 Projected Regional Expenditures</b>		<b>\$ 8,030,568</b>	
<b>Projected Accrual Fund Balance as of 6/30/22</b>		<b>\$ 5,457,139</b>	

The deficit amount between expenditures and revenues is expended from the region fund balance. The region is projecting based on a 5-year budgeting plan to utilize the fund balance while gradually increasing the property tax per capita levy to a sustainable, fiscally responsible and steady amount.

County Property Taxes are pooled into a single region fund. Counties employing region personnel retain in their Mental Health fund enough money to cover payroll expenses including payroll of the mental health advocates.

**Table E. County Levies**

County	2019 Est. Pop.	Regional Per Capita	FY22 Max Levy	FY22 Actual Levy	Actual Levy Per Capita
Cass	12,836	45.51	588,166	295,228	23.00
Fremont	6,960	45.51	316,750	160,080	23.00
Harrison	14,049	45.51	639,370	323,127	23.00
Mills	15,109	45.51	685,517	347,507	23.00
Monona	8,615	45.51	392,069	198,145	23.00
Montgomery	9,917	45.51	451,323	228,091	23.00
Page	15,107	45.51	687,520	347,461	23.00
Pottawattamie	93,206	45.51	4,241,805	2,143,738	23.00
Shelby	11,454	45.51	521,272	263,442	23.00
<b>Total SWIA MHDS</b>	<b>187,253</b>	<b>45.51</b>	<b>8,521,884</b>	<b>4,306,819</b>	<b>23.00</b>

## G. Financial Forecasting Measures

The following is a description of the financial forecasting measures used by SWIA MHDS Region in the identification of service need and funding necessary for services. Historical service utilization is the starting point for all financial projections. The SWIA MHDS has been operating under one single region budget since beginning operations July 1, 2014. There continue to be changes in the system leading to some unpredictability in forecasting. New people continue to access the Iowa Health and Wellness Plan and a waiting list continues for HCBS ID Waiver. The Iowa Medicaid system became managed by Managed Care Organizations (MCOs) beginning April 2016. This continues to bring additional changes to the system, especially as new MCOs have come to Iowa after other MCOs leave. The region forecasts any new services it is creating based on cost estimates of similar programs in the state. The new crisis and intensive services mandated by the legislature remain difficult to forecast since they include services never before offered.

The Governing Board recommended a county tax collection rate based on a per capita amount for FY22 which was constructed on a number of factors including 1) the need for predictable, stable tax levies in each county, 2) continued positive relationships between counties based on an equal dollar investment into the region system of fully pooled funds, 3) the need for utilizing fund balance for the creation and startup of new services, and 4) recognition of the requirement for lower fund balances. The Governing Board developed a 5-year plan to achieve these things and will continue to assess each year because of the unpredictability in state and federal funding and programs. SWIA MHDS

has been working diligently to balance the need of decreasing the fund balance to 40% (according to the most recent law) by July 2022 while not affecting the tax rates in the counties so substantially that it causes negative reactions from the public regarding mental health dollars. The goal has been a slow decrease of the fund balance each year so that the tax levy can slowly and steadily increase to its maximum rate as new, required services are developed.

Throughout the year, SWIA MHDS regional staff and stakeholders have identified unmet needs and areas for service development, incorporated into subsequent service and budget plans. SWIA MHDS gathers information through its Advisory Boards at least twice a year in order to assess community priorities and begin planning for development of additional service needs and costs for both children and adults. The region will use this information to effectively and responsibly plan for use of available financial resources.

Fiscal Year 2022 brings the requirement to implement the crisis services for children and adults. We continue to develop the children's behavioral health system which got a slow start last year due to the COVID-19 pandemic. Expenditures include a projected need for funding, however, this forecasting is not based on any specific data as we have no historical data to compare since the only area we have served children has been through mobile crisis and outpatient mental health services. SWIA MHDS is predicting an additional need for children in the area of outpatient mental health including medication management and inpatient treatment.

## **H. Provider Reimbursement Provisions**

The following is a description of the types of funding used by SWIA MHDS Region.

- Fee for service: SWIA MHDS will contract with MHDS providers whose base of operation is within the region. The region may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. All payments will be based on a pre-authorized request for service authorization with the exception of court ordered payments, such as civil commitment costs and crisis services.
- Block grant payments: The region may utilize block grant payments when a service does not fit the traditional methods of payment based on a pre-approved individual service request. Examples are the Hope4Iowa crisis call line, as well as 24-hour crisis coverage payments to the region's contracted mental health centers. There also may be an occasion when developing services that start-up costs are necessary that would not be tied to an individual. Grant funding opportunities may also be offered by SWIA MHDS based on an assessed community need in order to engage providers in Evidence Based Practices.
- Use of nontraditional providers: When a non-traditional provider arrangement is more appropriate than a fee for service approach with a contracted provider, the Service Coordinator will work with the region's CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the consumer's home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses which do not provide MHDS services as a part of their normal business. These services are not to provide treatment but are supportive and may be rehabilitative in focus, and are initiated when there is a reasonable likelihood that such services will benefit the consumer's functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the consumer's stated

goals or outcomes. A request for funding can be made by any consumer, or the consumer's authorized representative, to utilize non-traditional providers for services as approved in the Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation or other state approval standards.

- Incorporation of all funding sources for individuals including Medicaid: The Region is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. SWIA MHDS will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare and other funding mechanisms which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.